LEARN, TRAIN, COMPETE AND WIN WITH ARCADIA ABROAD!

You don’t have to give up a semester of games and training to study abroad. Options are available around the world, during the off-season and throughout the summer, that will allow you to continue to train, practice, and build your skills, all while keeping you on track for graduation.

Arcadia knows Student Athletes have unique requirements when considering time away from their home campuses. With proper planning, here are some things to consider when thinking about studying abroad:

- **Communication**: Consider a chat with your coach and teammates about study abroad. They’re your support system and a good sounding board for brainstorming possibilities.

- **Timing**: When is the best time to study abroad based on your team schedule? Do you have obligations in the pre-season or additional tournaments in the postseason?

- **Training**: How can you and your coach set goals to maintain your training while abroad? What facilities will you have access to in your host community?

- **Nutrition**: What is the food culture and nutritional support like in your host country? Consider devising a plan to manage your eating as they may differ from what you do at home.

Programs for Sport-Focused Majors:
(Sports Management, Sports Psychology, Sports Marketing, Business)
- Bond University, Australia
- University of Sydney - Spring friendly, Australia
- University of Wollongong, Australia
- St Mary’s University, England
- University of Winchester, England
- University College Dublin, Ireland
- University of Otago, New Zealand
- Victoria University of Wellington, New Zealand
- University of Aberdeen, Scotland
- University of Stirling, Scotland

Programs with Sport/Training-Focused Campuses:
(Great for students with spring sports schedules!)
- Macquarie University, Australia
- University of New South Wales, Australia
- University of Sydney, Australia
- St Mary’s University, England
- University of Limerick, Ireland
- ISI Perugia -The Umbra Institute, Italy
- University of Canterbury, New Zealand

Depending on the program you choose, you may have the opportunity to:
- Join local teams/clubs
- Work and train in large and modern sporting facilities
- Ski and surf in the same day
- Expand your proficiency through the possibility of novel athletic training techniques

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